



FRANK R. FRIEDMAN, DMD

A 1978 graduate of the University of Florida College of Dentistry, Dr. Friedman has been practicing as a general practitioner in Mobile, AL, for over 40 years.

After graduating from dental school, he worked in a cardiac unit in South Alabama before taking his boards and joining his father-in-law's dental practice.

Dr. Friedman is a member of the Alabama and American dental associations. He loves working with his dental team who have all been with him for over 25 years.

Blu-Mousse

For more than 20 years, dentists worldwide have been using this VPS material to take precise occlusal bite registrations



Parkell's Blu-Mousse offers dentists decades of proven accuracy when taking bite registrations. They appreciate the material's fluffy consistency, which allows patients to passively bite down for more accurate impressions and fewer adjustments. With a durometer of 90, ensuring precise articulations, no distortion, breakage resistance, multiple setting times, and CAD/CAM scanning, this VPS material is a trusted workhorse. Dr. Frank Friedman shares his experience using the H&H technique with Blu-Mousse.

I had been practicing for over 20 years, taking impressions and bite registrations with traditional materials, and they worked just fine. Then, in the early 1990s, Dr. Jeff Hoos developed the hydraulic & hydrophobic (H&H) technique, which is recommended for capturing crown preparation margins without gingival retraction.

I also had been a longtime user of Parkell products, so when they introduced Blu-Mousse for use with the H&H technique (20 some odd years ago!) I was open to trying it. At the time, H&H was somewhat controversial, but it made sense to me. After I mastered it, I never looked back. The product and technique have made an incredible difference in my practice.

Accurate Articulation, No Distortion

Blu-Mousse comes in three set times, Classic 2-minute set, Fast 60-second set, and Super-Fast 30-second set. They all offer light, fluffy consistency so patients can bite down without resistance, which helps to ensure accuracy of the bite registration index. All set times harden to allow for accurate articulations that don't distort—from the time I take the impression to when it arrives at the lab.

Fast and Accurate: A Winning Combination

I use the Super-Fast Blu-Mousse most frequently. It reduces the time to take impressions, and its accuracy is superior to other products. I've never had tight castings or other significant problems.

I typically use this product 6 to 7 times a day.



It's increased the speed at which I do a crown and improved accuracy, which is critical in a high-volume practice like mine. And patients never complain about the taste or the experience.

In addition to using Blu-Mousse as a bite registration material, I also use it as a kind of index for my lab to use when I retrofit a partial to a crown. It also serves as a trusted checkbite when I question the patient's articulation when using a triple tray. I just take a quick bite registration for verification.

Over the years, I've shared my experience with Blu-Mousse with other colleagues, most notably my brother-in-law who also is a dentist. He's been using it almost as long as I have!

FOR MORE INFORMATION:

800-243-7446
parkell.com